



trans wellness

April Events

Monday, April 1: Trans* Fitness Class

6:30 to 7:30 p.m.
Health Equity Zone
1229 Main St., West Warwick

Wednesday, April 3: Trans* Acupuncture

5:00 to 7:00 p.m.
Kindred Community Acupuncture
545 Pawtucket Ave., Pawtucket

Wednesday, April 10: Trans* Yoga

6:30 to 7:30 p.m.
Health Equity Zone
1229 Main St., West Warwick

Sunday, April 14: Trans* Swim

4 to 6 p.m.
McDermott Pool
975 Sandy Lane, Warwick

Monday, April 15: Trans* Fitness Class

6:30 to 7:30 p.m.
Health Equity Zone
1229 Main St., West Warwick

Monday, April 15: Trans* Find Your Voice (8-week program)

6:00 p.m. to 7:15 p.m.
URI Providence Campus
80 Washington St, Providence, Room 432
Registration is required. Email Logan (see below).

Tuesday, April 23: Trans* Game Night

6:30 p.m. to 9:00 p.m.
175 Broad St, Providence
Enter at the door marked "education center"

Wednesday, April 24: Trans* Yoga

6:30 p.m. to 7:30 p.m.
Health Equity Zone
1229 Main St., West Warwick

**Events are free and open to
trans*, genderqueer,
non-binary individuals,
and invited guests.**

