



trans wellness



Monday, February 4: Trans* Fitness Class

6:30 to 7:30 p.m.
Health Equity Zone
1229 Main St., West Warwick

Wednesday, February 6: Trans* Acupuncture

5:00 to 7:00 p.m.
Kindred Community Acupuncture
545 Pawtucket Ave., Pawtucket

Wednesday, February 13: Trans* Yoga

6:30 to 7:30 p.m.
Health Equity Zone
1229 Main St., West Warwick

Monday, February 18: Trans* Fitness Class

6:30 to 7:30 p.m.
Health Equity Zone
1229 Main St., West Warwick

Sunday, February 24: Trans* Swim

4 to 6 p.m.
McDermott Pool
975 Sandy Lane, Warwick

Wednesday, February 27: Trans* Yoga

6:30 p.m. to 7:30 p.m.
Health Equity Zone
1229 Main St., West Warwick

**Events are free and open to
trans*, genderqueer,
non-binary individuals,
and invited guests.**