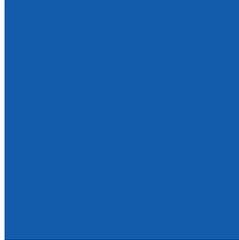


Thundermist!

HEALTH CENTER





A Message from Our CEO

50 Years of Leadership

Thundermist's evolution from a one-room clinic to a federally qualified health center serving nearly 50,000 patients in three communities is due to the vision and tireless dedication of staff and the Board of Directors. These are only a few of those committed individuals.

MISSION

To improve the health of our patients and communities by delivering exceptional health care, removing barriers to that care, and advancing healthy lifestyles.

VISION

Every member of the Thundermist community can lead a healthy life.

VALUES

Caring: We bring a passion for service to our communities, patients, and each other in the pursuit of our vision.

Community: We respect the contributions of our local community partners and employees. We support our communities by creating opportunities for local growth and development.

Innovation: We create and adopt advancements that show promise of improving the health of our patients and communities, whether in technology, services, programs, or payment. We share this knowledge openly with our staff, partners, patients, and communities.

Excellence: We take pride in maintaining high standards and lofty goals and hold each other accountable to achieve them.

Integrity: We stay true to our mission, vision and values. We are accountable to our partners, funders, patients, communities and to each other.



50 YEARS!

The celebration of our golden anniversary is remarkable. It is incredible to think one out of every 20 Rhode Islanders counts on Thundermist for their care. Patients have placed their trust in us over the past five decades. The community turns to Thundermist Health Center when they need care and we will never take this confidence for granted.

Thundermist is a mission-driven organization with an exceptional history. We often reflect on our roots and the vision of a few dedicated health care professionals who wanted to improve the access to and quality of care in northern Rhode Island. The passion and commitment that drove the establishment of a one-room clinic in Woonsocket is still evident today.

More than 550 employees work at Thundermist and we all come to work each day with our patients top of mind. We work at Thundermist because we want to have an impact in our community. We want to help those who need care and assist them in improving their health and wellbeing. I am often in awe of the impact we make and so grateful to be part of a team that consistently goes above and beyond to fulfill an important mission.

People often stop me at a restaurant or store when they realize I work at Thundermist. The stories they share are inspiring. They tell of incredible employees who have made a real difference in their lives. Examples of getting needed health care for their children. Tales of new dentures so they can obtain employment. Celebrations after gaining control of their diabetes. Stories of counseling after trauma. Gratefulness after entering recovery from a substance use disorder. Success in finding housing, clothing, and food.

Thundermist has evolved from a one-room clinic to a health center providing integrated medical, dental, and behavioral health care to patients throughout the state. But, the passion to deliver high-quality care to those who need it most remains.

Best regards,

Jeanne LaChance
President/Chief Executive Officer

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We also honor the many board members and staff of the Health Center of South County prior to merging with Thundermist Health Center in 2002.

CHIEF EXECUTIVE OFFICERS 1969-2019

Brenda McElreavy	Maria Montanaro
Karen Bouchard	Chuck Jones
Rhoda Perry	Jeanne LaChance

'Making Everything Better'

More than three decades ago, Pauline Ridlon was a new mother trying to navigate the health care system and get care for her newborn son. Without health insurance, she didn't know what to do. The baby needed his immunizations and Pauline was unsure where she could get the care he needed.

Thundermist helped Pauline when she didn't know where to turn. This started a more than 30-year relationship that has helped Pauline improve her health and life.

"I come to Thundermist for primary care, but a whole group of people help," explains Pauline. "They help me with my diabetes, my mental state of mind, my depression, access to special doctors. Thundermist helps me with all of my care."

Pauline attends Thundermist's diabetic support group. It has made all the difference in helping her get her chronic condition in control. The monthly group allows patients to learn from each other and know there are others in the same situation. Thundermist staff leads the group and shares ideas of how patients can help control their diabetes.

It is not just the services that have made an impact for Pauline. It is the staff who show her they really care about her health and well-being.

"Thundermist made it so I can be comfortable in my health care. They have my back," says Pauline. "They answer my questions and address my problems. They make my life a little easier."

Pauline participated in the ribbon-cutting for the expanded Woonsocket medical and behavioral health facility. She said the building is a tremendous asset to the community.

"When I first started going to Thundermist in Woonsocket it was just one room. Now it's a humongous facility that has everything I need. It's modernized and up to date. But, despite the size, you feel comfortable. They help you feel at home."



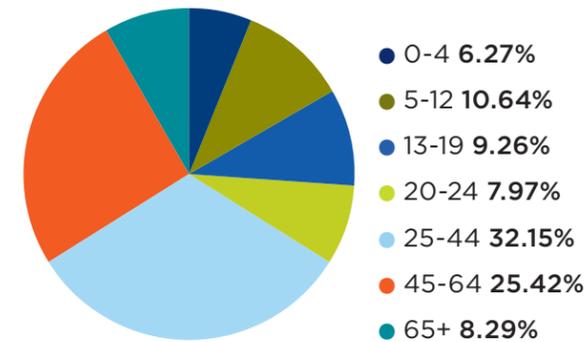
The story Pauline tells about Thundermist is one of confidence. She is grateful for the care she receives and the staff whom she trusts.

"Thundermist brought me through some tough times. I put my life in their hands, and I know they are going to make everything better."

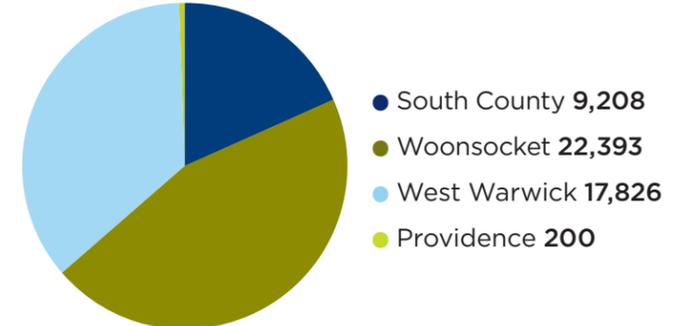
"I come to Thundermist for primary care, but a whole group of people help," explains Pauline. "They help me with my diabetes, my mental state of mind, my depression, access to special doctors. Thundermist helps me with all of my care."

Patient Demographics

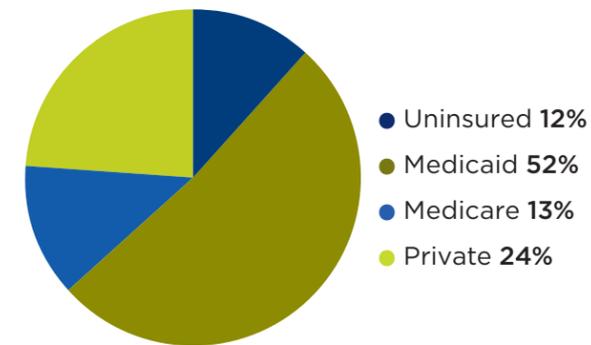
PATIENTS BY AGE



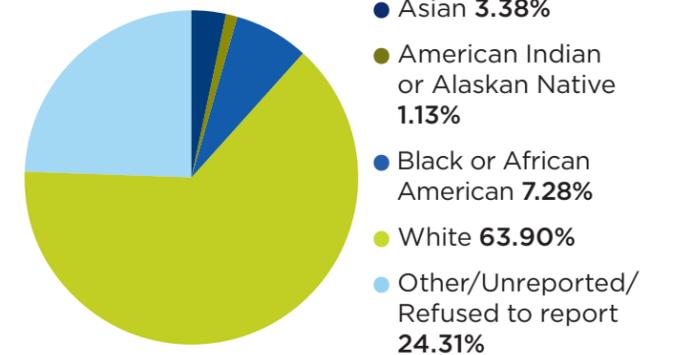
PATIENTS BY SITE



PATIENT INSURANCE STATUS



PATIENT DIVERSITY



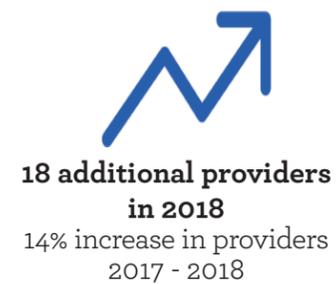
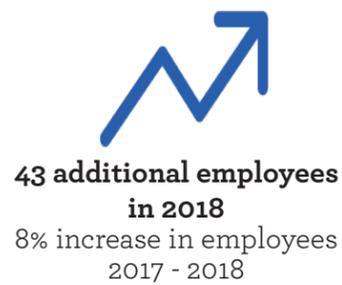
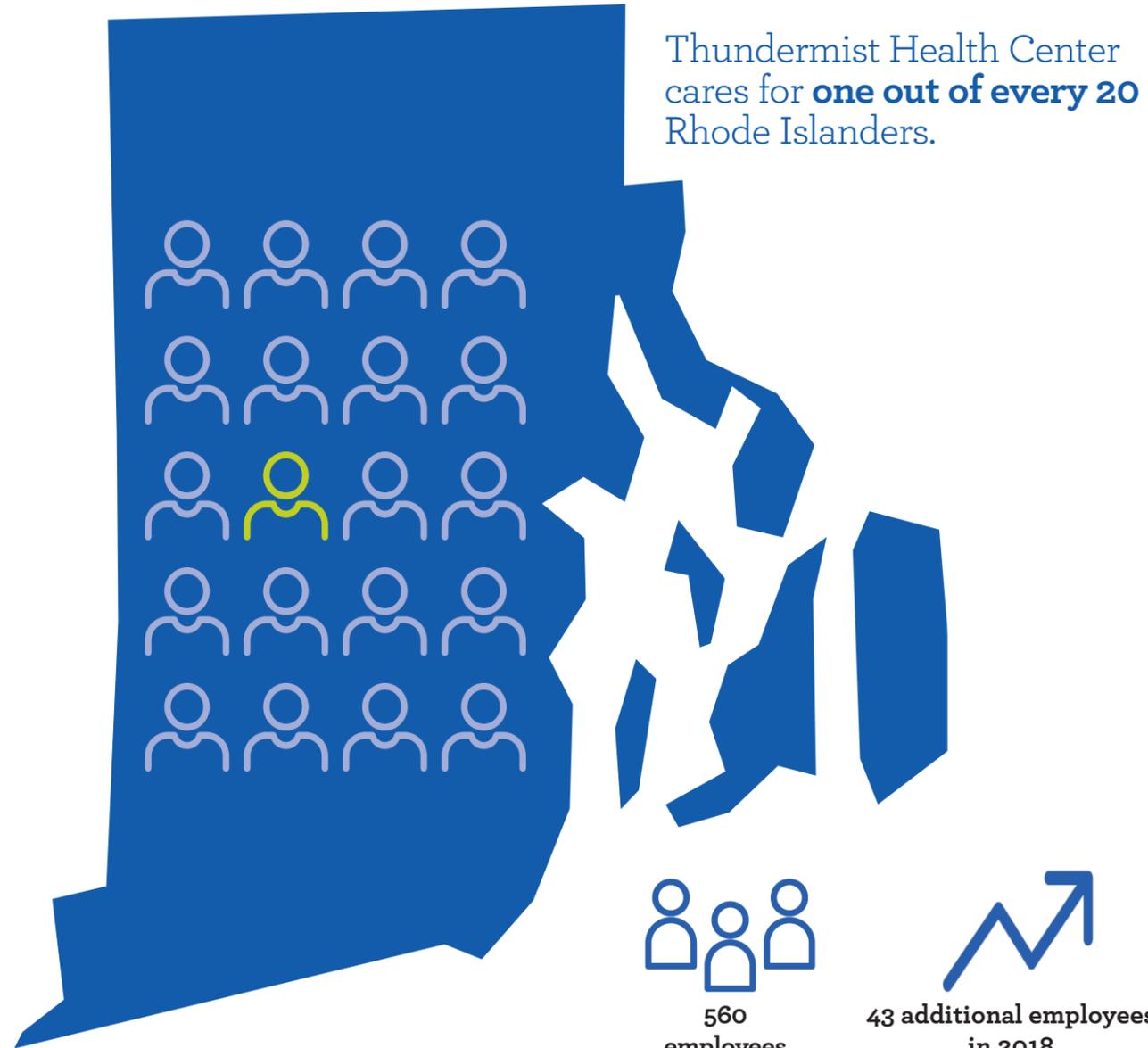
18.79% of Thundermist patients are Hispanic

2018 Financial Highlights

Sources of Revenue

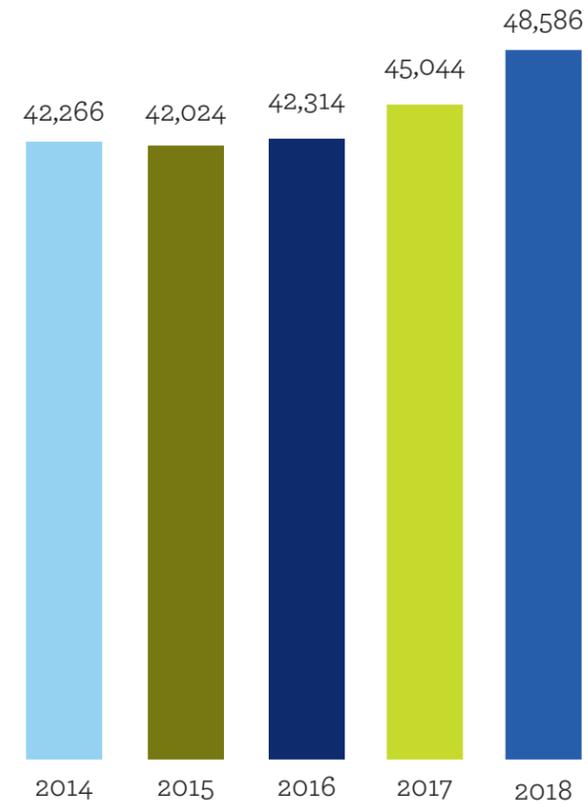
- Federal Community Health Center Funding: **\$5,677,020**
- Medicaid, Medicare, Insurances, Patient Payments: **\$45,442,686**
- Grants and Contracts: **\$3,332,080**
- Rental Income, Fundraising, Other: **\$630,806**
- TOTAL AMOUNT: \$55,082,592**

Thundermist By the Numbers: 2018



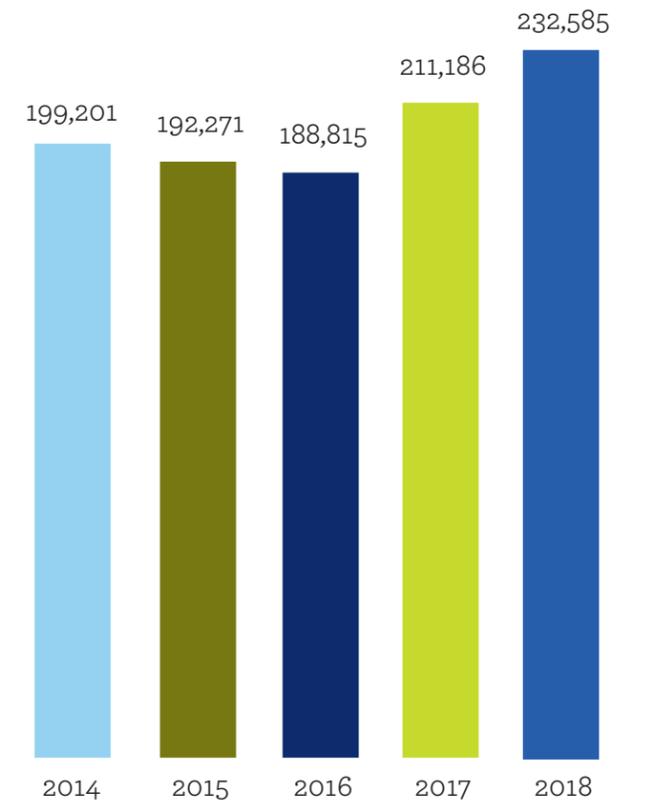
Unique Patients

Increased 8% from 2017 to 2018



Patient Visits

Increased 10% from 2017 to 2018



GROWTH IN SERVICES



Convenient Care
13,670 patients
12% increase 2017 - 2018
21,316 visits
13% increase 2017 - 2018



Behavioral Health Services
5,928 patients
13% increase 2017 - 2018
31,137 visits
11% increase 2017 - 2018



Community Health Team
5,381 patients
44% increase 2017 - 2018
12,855 visits
56% increase 2017 - 2018



Trans* Health Access Team
749 patients
56% increase 2017 - 2018



Medication-Assisted Treatment
523 patients
24% increase 2017 - 2018

Making an Impact – Inside and Outside the Exam Room

In 2018, Thundermist Health Center made a pledge. We committed to train employees on how to administer naloxone, the life-saving medication that can reverse an overdose. We also went one step further. Thundermist provided naloxone to every employee who wished to have it – for free.

A trained individual knows how to recognize the signs of an overdose and how to respond. This training, combined with access to naloxone, can potentially save lives. In late 2018, Thundermist employees used this education to save the life of an individual overdosing.

“Our staff knew exactly what to do,” said Christopher Durigan, PharmD, BCPS, clinical pharmacist and

one of the responders that day. “Staff knew the signs of an overdose which meant we were able to respond immediately and in the right way. We worked together as a team to help the patient.”

Opioid overdose is the leading cause of accidental death in Rhode Island. In fact, more Rhode Islanders die from overdose than murder, arson, and car accidents combined. The communities Thundermist serves the most are disproportionately impacted by the overdose crisis. In 2016, Woonsocket had the highest overdose death rate in the state, which was nearly twice the state average. West Warwick was also disproportionately impacted with the fifth highest rate in Rhode Island. In South County, more than 30 people died from overdose.



NALOXONE SAVES LIVES.

There are billboards and advertisements across the country spreading this important public health message. The Rhode Island Overdose Prevention and Intervention Taskforce made access to naloxone a cornerstone of its plan to address the opioid crisis. Thundermist is the first health care organization in the state to commit to training its entire staff and providing naloxone to employees free of charge.

“Our communities are in a crisis,” said Jeanne LaChance, president/CEO. “Thundermist recognizes our

responsibility to make an impact inside and outside of the exam room. Increasing the availability of naloxone, and training individuals on appropriate administration, will help to save lives. We want to provide our employees – clinical and non-clinical staff – with the tools and education needed to act. Staff will use this knowledge throughout our community in their roles as health care professionals and neighbors.”

In 2018, Thundermist trained nearly 400 employees. More than 150 Thundermist employees chose to receive naloxone. Trainings are ongoing and new staff are educated during orientation.

Thundermist recognizes our responsibility to make an impact inside and outside of the exam room. Increasing the availability of naloxone, and training individuals on appropriate administration, will help to save lives. We want to provide our employees – clinical and non-clinical staff – with the tools and education needed to act. Staff will use this knowledge throughout our community in their roles as health care professionals and neighbors.”

Medication-Assisted Treatment

Medication-assisted treatment (MAT) uses medicine to fight urges, cravings, and impulsive use of substances. Medication is combined with counseling and behavioral therapy to treat substance use disorders. Access to medication-assisted treatment in a setting that also provides primary care, social services, and behavioral therapy helps patients move toward an improved health status, while reducing overdoses. Thundermist also offers MAT services to pregnant patients. Currently, Thundermist provides medication-assisted treatment to more than 500 patients.

Thundermist 2018 Events

MOONLIGHT AT THE DUNES



Thundermist's 18th annual fundraising gala, Moonlight at the Dunes, took place Friday, June 8. With the support of nearly 30 sponsors and more than 200 attendees, we raised more than \$60,000 to support our programs and services. With the beautiful weather and the backdrop of the Narragansett Bay, the tone was set for a wonderful night of dancing. The silent auction was a hit, with nearly everyone going home a winner!

THUNDERMIST GOLF TOURNAMENT



This year, the use of our rain date provided spectacular weather for a round of golf at Sakonnet Golf Club. On October 10, our last 80-degree day this year, 100 golfers came together to support the

Thundermist mission. Following the tournament, attendees enjoyed a cocktail reception and silent auction. In total, the event raised more than \$27,000!

Save the Date for Our 2019 Events

Moonlight

Friday, May 31, 2019
Moonlight at the Dunes
The Dunes Club
Narragansett

golf

Tuesday, September 17, 2019
Thundermist Golf Tournament
Sakonnet Golf Club
Little Compton



October 10, 2019
50th Anniversary Gala
Roger Williams Park
Botanical Center, Providence

Donors January 1, 2018 - December 31, 2018

THUNDERMIST IS GRATEFUL FOR THE GENEROSITY OF OUR DONORS.

We have made every effort to correctly list and recognize our donors. We apologize if there are any inadvertent errors or omissions.

- | | | | |
|--------------------------------|-----------------------------------|-------------------------------|-------------------------------|
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| Laura Adams | Scott Curran | Dominik & Maureen Kotlow | Matthew & Heather Roman |
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| Margalit & Hisham Aharon | Joel A. & Eleanor Dain | Donald Larsen | Joseph & Susan Rossi |
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Medical, Behavioral Health,
Convenient Care, WIC
450 Clinton Street
Woonsocket, RI 02895
(401) 767-4100
WIC (401) 767-4109

Dental

25 John A. Cummings Way, 4th Floor
Woonsocket, RI 02895
(401) 767-4161

THUNDERMIST HEALTH CENTER OF WEST WARWICK

Medical, Behavioral Health,
Convenient Care
186 Providence Street
West Warwick, RI 02893
(401) 615-2800

Dental

1219 Main Street
West Warwick, RI 02893
(401) 615-2804

THUNDERMIST HEALTH CENTER OF SOUTH COUNTY

Medical, Dental, Behavioral Health,
Convenient Care
1 River Street
Wakefield, RI 02879
Medical (401) 783-0523
Dental (401) 783-5646

 Thundermist Health Center

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Thundermist!

H E A L T H C E N T E R

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