

## HELPFUL RESOURCES

<https://www.cdc.gov/coronavirus/2019-ncov/downloads/sick-with-2019-nCoV-fact-sheet.pdf>

<p><b>COVID-19 Rhode Island Resources</b> are available on the Department of Health’s website to help keep you up to date on Coronavirus Disease 2019 (COVID-19). For the latest information on RI specific COVID-19 numbers, see their COVID-19 Disease Data webpage.</p> <p><a href="https://health.ri.gov/diseases/ncov2019/">https://health.ri.gov/diseases/ncov2019/</a></p> <p>Call: 401-222-8022</p>	<p><b>COVID-19 Massachusetts Resources</b> Department of Public Health website includes all updates from Governor Baker and other state officials on COVID-19.</p> <p><a href="https://www.mass.gov/resource/information-on-the-outbreak-of-coronavirus-disease-2019-covid-19">https://www.mass.gov/resource/information-on-the-outbreak-of-coronavirus-disease-2019-covid-19</a></p> <p>Call: 617-624-6000</p>
<p><b>Rhode Island Department of Labor and Training: Resource for Unemployment, TDI, and TCI.</b></p> <p><a href="https://dlt.ri.gov/covid19/">https://dlt.ri.gov/covid19/</a></p> <p>Call: 401-462-8000</p> <p><b>Apply for unemployment or TDI/TCI:</b> <a href="http://www.dlt.state.ri.us/fileclaim.htm">http://www.dlt.state.ri.us/fileclaim.htm</a></p>	<p><b>Massachusetts Department of Labor and Training Employment (Note: You apply for unemployment in the state that you work.)</b></p> <p><a href="https://www.mass.gov/orgs/executive-office-of-labor-and-workforce-development">https://www.mass.gov/orgs/executive-office-of-labor-and-workforce-development</a></p> <p>Call: 617-626-7122</p> <p><b>Apply for unemployment:</b> <a href="https://www.mass.gov/how-to/apply-for-unemployment-benefits">https://www.mass.gov/how-to/apply-for-unemployment-benefits</a></p>
<p><b>CDC:</b> The Centers for Disease Control and Prevention. National COVID-19 information.</p> <p><a href="https://www.cdc.gov/">https://www.cdc.gov/</a></p> <p>Call: 1-800-232-4636</p>	<p><b>Capitol Good Fund:</b> Crisis loans for people in MA and RI.</p> <p><a href="http://www.CapitolGoodFund.org">www.CapitolGoodFund.org</a></p> <p>Call: 1-866-584-3651</p>
<p><b>Coastline EAP:</b> Employee Assistance Program offers Thundermist employees and their families responsive, respectful, and comprehensive services to help with problems of life that interfere with work.</p> <p><a href="https://www.coastlineeap.com/">https://www.coastlineeap.com/</a></p> <p>Call: 1-800-445-1195</p>	<p><b>United Way 211</b> in Rhode Island is a free, confidential service that provides information and referrals. This is the best starting place for emergency needs.</p> <p><a href="https://www.uwri.org/2-1-1/">https://www.uwri.org/2-1-1/</a></p> <p>Call: 2-1-1 TDD/TTY: 401-519-0374 Out-of-state callers: 1-800-367-2700</p>
<p><b>Kids’ Link RI™</b> is a hotline for children in emotional crisis. Kids’ Link RI is available 24 hours a day, seven days a week for children suffering from behavioral problems or psychiatric illness.</p> <p><a href="https://www.lifespan.org/centers-services/kids-link-ri">https://www.lifespan.org/centers-services/kids-link-ri</a></p> <p>Call: 855-KID(543)-LINK(5465)</p>	<p><b>BH Link</b> is a 24/7 hotline and triage Center for <b>Rhode Islanders 18 and older struggling with mental health and/or substance use issues.</b></p> <p><a href="https://www.bhlink.org/">https://www.bhlink.org/</a></p> <p>Call: 401-414-LINK (5465)</p>

<p><b>Rhode Island Department of Human Services: SNAP (Food Stamps), Medicaid, Child Care Subsidies.</b></p> <p><a href="http://www.dhs.ri.gov/">http://www.dhs.ri.gov/</a></p> <p>Call: 855-697-4347</p>	<p><b>Massachusetts Department of Human Services: SNAP (Food Stamps), Medicaid, Child Care Subsidies.</b></p> <p><a href="https://www.mass.gov/orgs/executive-office-of-health-and-human-services">https://www.mass.gov/orgs/executive-office-of-health-and-human-services</a></p> <p>Call: 617-573-1600</p>
<p><b>Childcare and Elder Care</b> needs of Rhode Islanders. RI is partnering with Care.com to help workers find child and elder care options.</p> <p><a href="https://www.care.com/rineed">https://www.care.com/rineed</a></p>	<p><b>Food sites for Children in RI: Grab and go Foods for school-age children</b></p> <p><a href="https://health.ri.gov/diseases/ncov2019/about/foodsites/">https://health.ri.gov/diseases/ncov2019/about/foodsites/</a></p>
<p><b>RI WIC:</b> A health program that provides nutrition education and healthy foods to income eligible people who are pregnant, postpartum, or with children under age five. Visits are being done via phone, and they are accepting new clients.</p> <p><a href="https://health.ri.gov/find/services/detail.php?id=44">https://health.ri.gov/find/services/detail.php?id=44</a>  <a href="https://www.womenandinfants.org/services/nutrition/wic-program.cfm">https://www.womenandinfants.org/services/nutrition/wic-program.cfm</a></p> <p>Call: 401-274-1122, ext. 42768</p>	<p><b>MA WIC:</b> A health program that provides nutrition education and healthy foods to income eligible people who are pregnant, postpartum, or with children under age five. Visits are being done via phone, and they are accepting new clients.</p> <p><a href="https://www.mass.gov/wic-information-for-participants">https://www.mass.gov/wic-information-for-participants</a></p> <p>Call: 1-800-942-1007.</p>
<p><b>RI Coalition Against Domestic Violence:</b> Resources for people experiencing or who have survived domestic violence.</p> <p><a href="http://www.ricadv.org">www.ricadv.org</a></p> <p>Call: 1-800-494-8199</p>	