



# Psychiatric Nurse Practitioner Fellowship

## Background

Thundermist Health Center is a federally qualified community health center, serving three communities in Rhode Island – Woonsocket, West Warwick, and South County—for over fifty years. Services include primary care, pediatrics, OB/GYN, internal medicine, dental, pharmacy, fully-integrated behavioral health (inclusive of psychopharmacology and counseling), school-based health centers, social services, and nutritional services, including the Women, Infants & Children (WIC) program. Thundermist serves clients with and without health insurance. In 2020, Thundermist served an estimated 49,800 patients. Thundermist is a Level 3 Patient-Centered Medical Home, the highest level of accreditation from the National Committee for Quality Assurance (NCQA).

## Why Thundermist Health Center?

The Psychiatric Nurse Practitioner Fellowship is a twelve-month program providing comprehensive training in delivering evidence-based care to underserved populations. High-functioning patient-centered in the safety net setting and a high-performance patient-centered medical home model. The program structure includes dedicated precepted behavior health care sessions, specialty rotations, and didactic sessions. Fellows are trained to use state-of-the-art telehealth solutions such as Project ECHO and the C-TIER telemedicine course.

Thundermist Health Center is committed to providing effective and efficient behavioral health care in the primary health care setting. Our Psychiatric Nurse Practitioner fellows are provided an opportunity to work as a member of a closely knit multi-disciplinary care team. Fellows deliver care to a diverse population of patients with a full spectrum of diagnoses and will learn to work cohesively with a wide variety of health care professionals

Fellows will receive a unique and hands-on mentoring experience from a team of highly experienced behavioral health care professionals. These professionals, known as preceptors, will work side-by-side with our fellows to help them develop the expertise they need to succeed in their field.

“ As a Thundermist *fellow*, it really hit home for me to see patients receive the type of care and respect they deserve. Witnessing this type of bedside manner as a *fellow* is what most encouraged me to continue my career at Thundermist.”

**Sarah Stern, PMHNP**

Graduate, Class of 2019 Psychiatric Nurse Practitioner Fellowship Program



## The Fellowship has five key components:

- **Precepted “Continuity Clinics”:** These are the cornerstone of the Fellowship. In precepted clinics, the NP fellows develop their own patient panel while having an expert Thundermist provider (MD or APRN) exclusively assigned to them.
- **Specialty Rotations:** Rotations in areas of high-volume/high-burden/high-risk situations most commonly encountered in the setting of the FQHC. Rotations include: Trans\* health, addiction medicine, and behavioral health. Fellows also participate and complete a national, two-week, C-TIER Telemedicine Certification Course to help prepare them as we continue to find ways to maintain and extend patient access to care.
- **Didactic Education Sessions:** Formal learning sessions on a variety of complex clinical challenges most commonly encountered in FQHCs. The content of the presentations correspond to the fellows’ current clinical experience.
- **Quality Improvement Training:** Training on Thundermist Health Center’s quality improvement model.
- **Evaluations:** The Thundermist Primary Care Nurse Practitioner Fellowship Training Program provides an ongoing, multi-input evaluation component using qualitative and quantitative measures. Fellows complete evaluations on all components of their Fellowship experience. Preceptors, specialty rotation preceptors, support and program staff all participate in evaluations at varying times throughout the program year. Data gathered provides invaluable insight on how to continually develop and grow the program.

## Program preceptors include:

Mary Rose, PMHNP-BC, CCM, CHCQM  
Jason Rafferty, MD  
Alexandra Chabot, PMHNP

Laura Davidson, DNP, PMHNP  
Claire Williams, MD  
Virginia Curtis, PMHNP-BC

## Teaching Instructor

Warren Ong, MD

## Application Requirements and Process:

- Complete an application online at [www.ThundermistHealth.org](http://www.ThundermistHealth.org) during the application open enrollment period December 15th to March 15th. Provide all required documents to move forward to the next step, the interview day(s) process.
- Completed application is comprised of an updated CV/Resume, three letters of recommendation and any other applicable documents required at the programs request.

“ The post graduate Psychiatric Fellowship at Thundermist is a valuable experience that provides intensive precepted clinic experience and detailed informative specialty clinic rotations for the *fellows*.”

**Mary Rose, PMHNP-BC, CCM, CHCQM**

Program Director, Thundermist Psychiatric Nurse Practitioner Fellowship



For more information, please email [NPfellowship@Thundermisthealth.org](mailto:NPfellowship@Thundermisthealth.org)